

# Tennessee High School

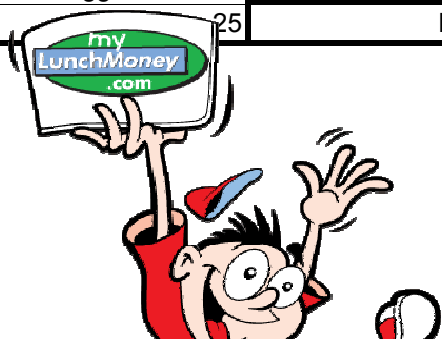
## March 2010

Breakfast--\$1.50 or Reduced Cost--\$.30      Lunch---\$2.25 or Reduced Cost--\$.40      Adult lunch: \$3.00

If you purchase a complete meal, a bottled water may be substituted for the milk for \$.25 extra charge.

BREAKFAST COMPONENTS: Milk, Juice, and 1 Meat/1 Bread Serving or 2 Bread Servings. (Select 3 or 4 items.)

LUNCH COMPONENTS: Choice of Entrée, Plus 2 Vegetable and/or Fruit Sides (to equal 3/4 cup), Bread, 8 oz. Milk  
Rolls may not be available if bread is included in entrée.      Menus are subject to change.

TUESDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Sticks AuGratin Potatoes Broccoli Salad Assorted Salad Choices Assorted Fruit Choices Roll Mar. 1	Turkey & Gravy Mashed Potatoes Peas Assorted Salad Choices Assorted Fruit Choices Roll Mar. 2	Philly Cheese on Sub Peppers & Onions Tator Tots Assorted Salad Choices Assorted Fruit Choices Mar. 3	Beefaroni w/ meatsauce Corn Tossed Salad Assorted Salad Choices Assorted Fruit Choices French Bread Mar. 4	Grilled Cheese Sand. Vegetable Soup Baked Potato Assorted Salad Choices Assorted Fruit Choices Mar. 5
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Pork on Bun Slaw Baked Beans Assorted Salad Choices Assorted Fruit Choices Mar. 8	<b>Chicken Parmigiana Wrap</b> Green Beans Cheesy Potatoes Assorted Salad Choices Assorted Fruit Choices Mar. 9	Taco Salad lettuce, tomato, cheese Carrots Assorted Salad Choices Assorted Fruit Choices Chips Mar. 10	Popcorn Chicken Broccoli Vegetable Sticks Assorted Salad Choices Assorted Fruit Choices Roll Mar. 11	Schools Closed Mar. 12
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Sticks w/ sauce Green Beans Breaded Squash Assorted Salad Choices Assorted Fruit Choices Mar. 15	Sausage & Gravy Potato Patty Baked Apples Assorted Salad Choices Assorted Fruit Choices Biscuit Mar. 16	<b>Pizza on a bun</b> Spinach Salad Corn Assorted Salad Choices Assorted Fruit Choices Mar. 17	Chili Beans w/cheese Baked Potato Slaw Assorted Salad Choices Assorted Fruit Choices Mar. 18	Schools Closed Mar. 19
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef & Noodles Mashed Potatoes Peas Assorted Salad Choices Assorted Fruit Choices Roll Mar. 22	Chicken Fajita Wrap Squash & Zucchini <b>Black Bean Salad</b> Assorted Salad Choices Assorted Fruit Choices Mar. 23	Spaghetti / Meat Sauce Green Beans Corn Assorted Salad Choices Assorted Fruit Choices French Bread Mar. 24	Teryiaki Beef Nuggets Oriental Vegetables Fried Rice Assorted Salad Choices Assorted Fruit Choices Eggroll Mar. 25	<b>Chicken Chunk w/sauce</b> California Blend Vegetables Seasoned Potatoes Assorted Salad Choices Assorted Fruit Choices <b>Herb Roll</b> Mar. 26
MONDAY	TUESDAY	WEDNESDAY		
Popcorn Chicken Sweet Potato Casserole Broccoli Assorted Salad Choices Assorted Fruit Choices Roll Mar. 29	Roast Beef & Cheese Sub Peppers & Onions Mashed Potatoes Assorted Salad Choices Assorted Fruit Choices Mar. 30	Chicken Sticks Breaded Okra Scalloped Potatoes Assorted Salad Choices Assorted Fruit Choices Roll Mar. 31		

### OTHER DAILY CHOICES INCLUDE

Deli Lunch (sandwiches/nachos/a la carte items), pizza, hot sandwiches, hamburgers, hot dog, french fries, chef salads side salads, fresh fruit cups.

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